



# Summer 2009

Newsletter Date

Volume 1, Issue 1

## Club Championships 2009

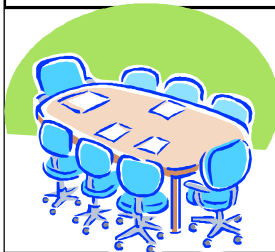
The Club Championships have a new format for 2009, which will hopefully ease the fixture list at the end of the year. If you have any queries regarding this new format please speak to Mark. All completed entry forms for the 100m and 200m events together with a cheque made payable to WSC (Competitions), must be handed into Lizzie Monkhouse by Wednesday 17 June at the latest.



### Dates for your Diary

- 20 June  
Club Championships
- 21 June  
County Relays  
(Wolverhampton)
- 27 June  
Nuneaton League Rd 3
- 28 June AGM
- 28 June  
Club Championships
- 4/5 July  
Boldmere Water  
Carnival (Stetchford)
- 5 July  
Three Counties Gala  
(Worcester)
- 11 July Mercian Lg Rd 3
- 12 July  
Club Championships

## AGM - 28 June 2009 4pm



Our AGM will be held on Sunday 28 June at Sansom Walk at 4pm, the AGM is open to all, however only paid members aged 16 and over are eligible to vote. Anyone wishing to stand as a Committee member for 2009/10 must register their interest to the Club Secretary by 14 June. The Agenda will be published after 21 June. For further information please speak to Jeannie Williamson or Neil Monkhouse.

## Club Kit

Our new Club Kit will soon be available, full details are available on the club website.

**WSC named hat £7 - payable with order**

**WSC unnamed hat £5**

**NEW DESIGN Polo £16 - payable with order**

**NEW DESIGN shorts £12 - payable with order**

Kit can be purchased from Anne Cowin or ordered via email:

[kit@worcestersc.co.uk](mailto:kit@worcestersc.co.uk)

Please note that all swimmers are expected to wear club swimming hats when they compete for the Club.



## Gala News

This has been a busy time for League Galas and District Competitions, for all the latest results and reports visit the news pages on the club website [www.worcestersc.co.uk](http://www.worcestersc.co.uk)

## Fund Raising the easy way!

If you use [www.worcestersc.easysearch.org.uk](http://www.worcestersc.easysearch.org.uk) and select Worcester Swimming Club you can raise funds for the Club every time you search the internet.

# SUMMER TRAINING TIMETABLE



From Saturday 25<sup>th</sup> July to Monday 31<sup>st</sup> August inclusive, we will be operating our Summer Training Timetable.

## **Please note:**

- There will be no training on Saturday 25<sup>th</sup> July (new timetable starts)
- Bank Holiday Monday 31<sup>st</sup> August is cancelled entirely
- The usual timetable will resume from Wednesday 2<sup>nd</sup> September

The remainder of this summer period will be as follows:

## **Novices & Improvers**

Cancelled

### **Pre-Competitive 1**

Mondays at Sansome Walk 6-7pm

### **Pre-Competitive 2**

Mondays at Sansome Walk 7-8pm  
Thursdays at Kings School 6-7pm

### **Junior Development**

Mondays at Sansome Walk 6-7pm  
**Wednesday at Kings 6-7.30am\*\***  
Thursdays at Kings School 6-7pm  
Sundays at Sansome Walk 5-6pm

### **Junior Competitive**

Mondays at Sansome Walk 7-8pm  
**Wednesday at Kings 6-7.30am\*\***  
Thursdays at Kings School 7-8pm  
Sundays at Sansome Walk 5-6pm

### **Senior Competitive**

Mondays at Sansome Walk 8-9.30pm  
Fridays at Kings School 7-8.30pm

### **Senior Performance**

Mondays at Sansome Walk 8-9.30pm  
**Wednesday at Kings 6-7.30am\*\***  
Fridays at Kings School 7-8.30pm  
Sundays at Sansome Walk 6-7.30pm

\*\*Morning training will only be available on Wednesday's at Kings School. All swimmers from the two Junior & Senior squads are invited to attend throughout the Summer.