Worcester Swimming Club Age Group Championships 2019

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| DATE | EVENTS |
| Sunday 13th October 2019  Session 1:  Warm-up 16:00  Start 16:30  Finish 19:30 | 101 Girls Open 200m Individual Medley HDW |
| 102 Boys Open 200m Individual Medley HDW |
| 103 Girls Open 50m Breaststroke HDW |
| 104 Boys Open 50m Breaststroke HDW |
| 105 Girls Open 100m Freestyle HDW |
| 106 Boys Open 100m Freestyle HDW |
| 107 Girls Open 200m Backstroke HDW |
| 108 Boys Open 200m Backstroke HDW |
| Friday 8th November 2019  Session 2:  Warm Up 18:00  Start 18:20  Finish 20:00 | 201 Girls 1500m HDW |
| 202 Boys 800m HDW |
| Sunday 10th November 2019  Session 3:  Warm-up 16:00  Start 16:30  Finish 19:30 | 301 Boys Open 200m Freestyle HDW |
| 302 Girls Open 200m Freestyle HDW |
| 303 Boys Open 50m Backstroke HDW |
| 304 Girls Open 50m Backstroke HDW |
| 305 Boys Open 100m Butterfly HDW |
| 306 Girls Open 100m Butterfly HDW |
| 307 Boys Open 200m Breaststroke HDW |
| 308 Girls Open 200m Breaststroke HDW |
| Friday 22nd November 2019  Session 4:  Warm-up 18:00  Start 18:20  Finish 20:00 | 401 Girls Open 800m Freestyle HDW |
| 402 Boys Open 400m Individual Medley HDW |
| Sunday 24th November 2019  Session 5:  Warm-up 16:00  Start 16:30  Finish 19:30 | 501 Boys Open 100m Backstroke HDW |
| 502 Girls Open 100m Backstroke HDW |
| 503 Boys Open 50m Butterfly HDW |
| 504 Girls Open 50m Butterfly HDW |
| 505 Boys Open 100m Breaststroke HDW |
| 506 Girls Open 100m Breaststroke HDW |
| 507 Boys Open 400m Freestyle HDW |
| 508 Girls Open 400m Freestyle HDW |
| Friday 13th December 2019  Session 6:  Warm-up 18:00  Start 18:20  Finish 20:00 | 601 Girls Open 400 Individual Medley HDW |
| 602 Boys Open 1500m Freestyle HDW |
| Sunday 15th December 2019  Session 7:  Warm-up 16:00  Start 16:30  Finish 19:30 | 701 Girls Open 200m Butterfly HDW |
| 702 Boys Open 200m Butterfly HDW |
| 703 Girls Open 50m Freestyle HDW |
| 704 Boys Open 50m Freestyle HDW |
| 705 Girls Open 100m Individual Medley HDW |
| 706 Boys Open 100m Individual Medley HDW |
| 8/u 25m events |