



WSC 23rd AUTUMN OPEN MEET

5th-6th OCTOBER 2019

PROGRAMME OF EVENTS

Saturday 5th October 2019	
Session 1: Warm Up 07:30 Start 08:00	
No	Event
101	Boys Open 400m Freestyle HDW
102	Girls Open 400m Individual Medley HDW
Session 2: Warm Up 08:40; Start 09:40; Finish approx. 12:40	
201	Boys Open 200m Individual Medley HDW
202	Girls Open 200m Individual Medley HDW
203	Boys Open 50m Breaststroke HDW
204	Girls Open 50m Butterfly HDW
205	Boys Open 100m Freestyle HDW
206	Girls Open 100m Backstroke HDW
Session 3: Warm Up 13:00; Start 14:00; Finish approx. 17:00	
301	Boys Open 200m Breaststroke HDW
302	Girls Open 200m Freestyle HDW
303	Boys Open 100m Backstroke HDW
304	Girls Open 50m Backstroke HDW
305	Boys Open 100m Butterfly HDW
306	Girls Open 100m Breaststroke HDW
307	Boys Open 100m Individual Medley HDW

Sunday 6th October 2019

Session 4: Warm Up 07:30, Start 08:00

No	Event
401	Girls Open 400m Freestyle HDW
402	Boys Open 400m Individual Medley HDW

Session 5: Warm Up 08:40; Start 09:40; Finish 12:40 approx.

501	Girls Open 200m Backstroke HDW
502	Boys Open 200m Backstroke HDW
503	Girls Open 50m Breaststroke HDW
504	Boys Open 50m Freestyle HDW
505	Girls Open 100m Freestyle HDW
506	Boys Open 50m Butterfly HDW
507	Girls Open 200m Butterfly HDW
508	Boys Open 200m Butterfly HDW

Session 6: Warm Up 13:00; Start 14:00; Finish 17:00 approx.

601	Girls Open 200m Breaststroke HDW
602	Boys Open 200m Freestyle HDW
603	Girls Open 50m Freestyle HDW
604	Boys Open 50m Backstroke HDW
605	Girls Open 100m Butterfly HDW
606	Boys Open 100m Breaststroke HDW
607	Girls Open 100m Individual Medley HDW